



Safety & Health
Training, Advice & Testing



BSIF Fit2Fit Approved Respirator RPE Fit Tester Training Course

BSIF Fit2Fit
Approved Course

Learn how to correctly conduct
Qualitative Fit Testing

Trainer is a Fit2Fit
Accredited Fit Tester



2026



NORTH EAST

Washington

February 17th
April 21st
June 23rd
September 2nd
October 27th
December 22nd

YORKSHIRE

Wakefield

February 3rd
March 31st
June 9th
August 19th
October 13th
December 8th

EAST MIDLANDS

Kegworth

January 6th
March 3rd
April 28th
June 30th
September 8th
November 3rd

SOUTH WALES

Cardiff

February 12th
April 16th
June 18th
August 27th
October 22nd
December 17th



FULL DAY 8.45 – 5.00

Open Course includes
FREE PARKING and LUNCH

£200 plus VAT per candidate
Scotland £220 plus VAT per candidate

Also delivered In House at your premises
or a local organised venue
contact us for details

Book Online

www.aspiresafetyandhealth.co.uk

info@aspire-safetyandhealth.co.uk

SCOTLAND

Glasgow

January 20th
March 17th
May 12th
July 15th
September 22nd
November 24th

NORTH WEST

Warrington

January 27th
March 24th
May 19th
July 21st
October 6th
December 2nd

WEST MIDLANDS

Wolverhampton

February 10th
April 14th
June 16th
August 25th
October 20th
December 15th

EAST ANGLIA

Thetford

January 8th
March 5th
April 30th
July 2nd
September 10th
November 5th

Any questions? Please do call us on 01246 252307



Safety & Health
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BSiF Fit2Fit Approved Respirator RPE Fit Tester Training Course

Course Includes;

Practical Fit Test Demonstration
When to Test and Not to Test
Fit Test Methods and your equipment
Set-up and Testing of Equipment
The Sensitivity Test & have a go in pairs.
Fit Test Protocols and Procedures
RPE Overview, maintenance, how it works.
Understanding RPE and Limitations
Pre use seal checks and other PPE /
other equipment compatibility
The 7 Face Fit Test Exercises
RPE Protection Factors & Adequacy
Relevant Legislation and Guidance,
INDG479 & HSG53
Why protect & Health Issues
Fit Testing preparation
Practical testing and feedback – in pairs
Fit Test Do's & Don'ts
Fit Test Failures and Re-Tests
Troubleshooting & Problem Solving
Including Facial Hair and WHY it's a problem
Test Documentation with templates
Practical and Theory Assessment & Feedback
The Fit2Fit Scheme Accreditation
Questions and feedback

Book Online www.aspiresafetyandhealth.co.uk
email: info@aspire-safetyandhealth.co.uk



**Trainer is a Fit2Fit
Accredited Fit Tester**



Call - 01246 252307
07944 648167

Your course includes – Group limited to 6

- Use of our fit test equipment for the day
- Training Folder with training materials handouts and workbook
- Memory Flash drive containing PDF documents and templates
- Tea, coffee, biscuits and pastries on arrival and at 2 other comfort breaks
- Lunch – freshly prepared – let us know if you have any dietary requirements
- Free Parking

Free Time at the end of the day for any questions

More Details Over ...