



**Safety & Health**  
Training, Advice & Testing



# BSIF Fit2Fit Approved Respirator RPE Fit Tester Training Course

BSIF Fit2Fit  
Approved Course

Learn how to correctly conduct  
Qualitative Fit Testing

Trainer is a Fit2Fit  
Accredited Fit Tester



**2025**



## **NORTH EAST**

### **Washington**

February 25th

May 6th

July 8th

September 2nd

November 4th

December 18th

## **YORKSHIRE**

### **Wakefield**

February 4th

April 10th

June 20th

August 21st

October 16th

December 11th

## **EAST MIDLANDS**

### **Kegworth**

January 8th

March 11th

May 13th

July 15th

September 16th

November 11th

## **SOUTH WALES**

### **Cardiff**

February 18th

April 8th

June 17th

August 19th

October 14th

December 9th

## **LONDON** **Chorleywood**

January 14th

March 18th

May 27th

July 22nd

September 24th

November 18th

## **SCOTLAND**

### **Glasgow**

January 22nd

March 25th

June 3rd

July 29th

September 30th

November 25th

## **NORTH WEST**

### **Warrington**

January 28th

April 1st

June 10th

August 5th

October 7th

December 2nd

## **WEST MIDLANDS**

### **Wolverhampton**

February 11th

April 29th

June 24th

August 26th

October 28th

December 16th

## **EAST ANGLIA**

### **Thetford**

January 30th

April 3rd

June 12th

August 7th

October 9th

December 4th



**FULL DAY 8.45 – 5.00**

**Open Course includes**  
**FREE PARKING and LUNCH**

£200 plus VAT per candidate  
Scotland £220 plus VAT per candidate

Also delivered In House at your premises  
or a local organised venue  
contact us for details

Book Online

[www.aspiresafetyandhealth.co.uk](http://www.aspiresafetyandhealth.co.uk)

[info@aspire-safetyandhealth.co.uk](mailto:info@aspire-safetyandhealth.co.uk)

Any questions? Please do call us on 01246 252307



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## BSiF Fit2Fit Approved Respirator RPE Fit Tester Training Course

Course Includes;

Practical Fit Test Demonstration  
When to Test and Not to Test  
Fit Test Methods and your equipment  
Set-up and Testing of Equipment  
The Sensitivity Test & have a go in pairs.  
Fit Test Protocols and Procedures  
RPE Overview, maintenance, how it works.  
Understanding RPE and Limitations  
Pre use seal checks and other PPE /  
other equipment compatibility  
The 7 Face Fit Test Exercises  
RPE Protection Factors & Adequacy  
Relevant Legislation and Guidance,  
INDG479 & HSG53  
Why protect & Health Issues  
Fit Testing preparation  
Practical testing and feedback – in pairs  
Fit Test Do's & Don'ts  
Fit Test Failures and Re-Tests  
Troubleshooting & Problem Solving  
Including Facial Hair and WHY it's a problem  
Test Documentation with templates  
Practical and Theory Assessment & Feedback  
The Fit2Fit Scheme Accreditation  
Questions and feedback

Book Online [www.aspiresafetyandhealth.co.uk](http://www.aspiresafetyandhealth.co.uk)  
email: [info@aspairsafetyandhealth.co.uk](mailto:info@aspairsafetyandhealth.co.uk)

### Your course includes – Group limited to 6

- Use of our fit test equipment for the day
- Training Folder with training materials handouts and workbook
- Memory Flash drive containing PDF documents and templates
- Tea, coffee, biscuits and pastries on arrival and at 2 other comfort breaks
- Lunch – freshly prepared – let us know if you have any dietary requirements
- Free Parking

Free Time at the end of the day for any questions



**Trainer is a Fit2Fit  
Accredited Fit Tester**



Call - 01246 252307  
07944 648167

**More Details Over ...**