

**BSiF Fit2Fit
Approved Course**

Learn how to correctly conduct
Qualitative Fit Testing

Trainer is a Fit2Fit
Accredited Fit Tester



2025



NORTH EAST

Washington

February 25th

May 6th

July 8th

September 2nd

November 4th

December 18th

YORKSHIRE

Wakefield

February 4th

April 10th

June 20th

August 21st

October 23rd

December 11th

EAST MIDLANDS

Kegworth

January 8th

March 11th

May 13th

July 15th

September 16th

November 11th

SOUTH WALES

Cardiff

February 18th

April 8th

June 17th

August 19th

October 14th

December 9th

LONDON

Chorleywood

January 14th

March 18th

May 27th

July 22nd

September 24th

November 18th

SCOTLAND

Motherwell

January 22nd

March 25th

June 3rd

July 29th

September 30th

November 25th

NORTH WEST

Warrington

January 28th

April 1st

June 10th

August 5th

October 7th

December 2nd

WEST MIDLANDS

Wolverhampton

February 11th

April 29th

June 24th

August 26th

October 28th

December 16th

EAST ANGLIA

Thetford

January 30th

April 3rd

June 12th

August 7th

October 9th

December 4th



FULL DAY 8.45 – 5.00

**Open Course includes
FREE PARKING and LUNCH**

£200 plus VAT per candidate
Scotland £220 plus VAT per candidate

Also delivered In House at your premises
or a local organised venue
contact us for details

Book Online

www.aspiresafetyandhealth.co.uk

info@aspairsafetyandhealth.co.uk



BSiF Fit2Fit Approved Respirator RPE Fit Tester Training Course



Trainer is a Fit2Fit
Accredited Fit Tester



Course Includes;

Practical Fit Test Demonstration
When to Test and Not to Test
Fit Test Methods and your equipment
Set-up and Testing of Equipment
The Sensitivity Test & have a go in pairs.
Fit Test Protocols and Procedures
RPE Overview, maintenance, how it works.
Understanding RPE and Limitations
Pre use seal checks and other PPE /
other equipment compatibility
The 7 Face Fit Test Exercises
RPE Protection Factors & Adequacy
Relevant Legislation and Guidance,
INDG479 & HSG53
Why protect & Health Issues
Fit Testing preparation
Practical testing and feedback – in pairs
Fit Test Do's & Don'ts
Fit Test Failures and Re-Tests
Troubleshooting & Problem Solving
Including Facial Hair and WHY it's a problem
Test Documentation with templates
Practical and Theory Assessment & Feedback
The Fit2Fit Scheme Accreditation
Questions and feedback

Book Online www.aspiresafetyandhealth.co.uk
email: info@aspresafetyandhealth.co.uk

Call - 01246 252307
07944 648167

Your course includes – Group limited to 6

- Use of our fit test equipment for the day
- Training Folder with training materials handouts and workbook
- Memory Flash drive containing PDF documents and templates
- Tea, coffee, biscuits and pastries on arrival and at 2 other comfort breaks
- Lunch – freshly prepared – let us know if you have any dietary requirements
- Free Parking

Free Time at the end of the day for any questions

More Details Over ...