



Safety & Health

Training, Advice & Testing

BSIF Fit2Fit Approved Respirator RPE Fit Tester Course Qualitative (Taste) Fit Tester

BSIF Fit2Fit
Approved Course

Learn how to correctly conduct
Qualitative Fit Testing

Trainer is a Fit2Fit
Accredited Fit Tester



NORTH EAST

Washington

March 22nd

June 7th

August 16th

October 18th

NORTH WEST

Warrington

Feb 1st

April 12th

June 28th

September 1st

November 8th

EAST MIDLANDS

Kegworth

Jan 26th

April 5th

June 21st

August 23rd

November 1st

SOUTH WALES

Cardiff

Jan 18th

March 31st

June 14th

October 25th

LONDON EAST

Hainault

Jan 23rd

April 3rd

July 3rd

October 9th



FULL DAY 8.45 – 5.00

Open Course includes
FREE PARKING and LUNCH

£175 plus VAT per candidate
Scotland £195 plus VAT per candidate

Also delivered In House at your premises
or a local organised venue
contact us for details

www.aspiresafetyandhealth.co.uk

info@aspireandhealth.co.uk

Any questions?
Please do call us on
01246252307

SCOTLAND

Motherwell

Feb 16th

April 26th

July 12th

Sept 13th

Nov 22nd

YORKSHIRE

Wakefield

March 1st

May 17th

July 26th

Sept. 27th

December 6th

WEST MIDLANDS

Bromsgrove

March 3rd

May 24th

August 2nd

October 11th

December 13th

EAST ANGLIA

Thetford

Feb 3rd

April 21st

June 30th

November 10th

LONDON North West

Hounslow

March 29th

June 16th

October 27th

Course Includes;

Practical Fit Test Demonstration
 When to Test and Not to Test
 Fit Test Methods and your equipment
 Set-up and Testing of Equipment
 The Sensitivity Test & have a go in pairs.
 Fit Test Protocols and Procedures
 RPE Overview, maintenance, how it works.
 Understanding RPE and Limitations
 Pre use fit check and other PPE
 The 7 Face Fit Test Exercises
 RPE Protection Factors & Adequacy
 Relevant Legislation and Guidance,
 HSE282/28 & HSG53
 Why protect & Health Issues
 Fit Testing preparation
 Practical testing – in pairs
 Fit Test Do's & Don'ts
 Fit Test Failures and Re-Tests
 Troubleshooting & Problem Solving
 Test Documentation with templates
 Practical Face Fit Assessment in pairs
 Theory Assessment
 The Fit2Fit Scheme Accreditation
 Questions and feedback

www.aspiresafetyandhealth.co.uk
 email: info@aspireandhealth.co.uk

Your course Includes – Group limited to 6

- Use of our fit test equipment for the day
- Training Folder with training materials handouts and workbook
- Memory Flash drive containing PDF documents and templates
- Tea, coffee, biscuits and pastries on arrival and at 2 other comfort breaks
- Lunch – freshly cooked choice of hot main course and hot/cold soft drinks
- Free Parking

Free Time at the end of the day for any questions



Trainer is a Fit2Fit
Accredited Fit Tester



Call 01246 252307
07944 648167

More Details Over ...