

ONLINE TRAINING

EMERGENCY FIRST AID REFRESHER



Courses Information sheet for
Emergency First Aid Refresher Training

Approved by
The International Institute of
Risk and Safety Management



Duration: approximately 150 minutes

(Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions).

What is Emergency First Aid?

Well it's exactly that, the first aid to be offered if an incident occurs. Not many of us are confronted with scenes of blood and gore in our everyday lives – so usually first aid could be as simple as sticking a plaster on a small cut.

But what if you did find yourself confronted with a more serious situation? This Emergency aid course will highlight some of the most common situations that you might come across and the actions that you can take to help.



In the most serious situations a first aider's role will be to assess the scene so that accurate information can be passed to Emergency services and then to act appropriately to try and increase the patients odds of survival.

The course consists of 16 modules with questions at the end. You are given the chance to review all your answers at the end of each module before final submission and you will be given 3 attempts at each module to achieve a pass rate of 70% or higher.

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Aspire Safety and Health.
For a Wealth in Safety and Health



Members of The British Occupational Hygiene Society (BOHS) and The International Society for Respiratory Protection (ISRP)

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Purchasing these courses

Number of Candidate Licences	Cost	How to receive Licences
1 to 3	£24	Click on the BLUE - BUY NOW Button top left panel of course page
4 to 10	£22	Contact us to arrange discounted payment and receive your courses
11 to 20	£20	Contact us to arrange discounted payment and receive your courses
21 and over	£18	Contact us to arrange discounted payment and receive your courses

Module No.	Module Name	Pass % Required	Module No.	Module Name	Pass % Required
1	What is First Aid?	70	9	Head Injuries	70
2	Barriers, ABCDs and the recovery position	70	10	Sprains	70
3	CPR and AEDs	70	11	Managing an Incident & Record Keeping	70
4	Choking	70	12	Burns & Scalds	70
5	Bleeding	70	13	Electric Shock	70
6	Shock	70	14	Eye Injuries	70
7	Spinal Injuries	70	15	Anaphylaxis and Diabetes	70
8	Breaks	70	16	Heart Attack & Stroke	70

Recommended System Requirements

- **Operating System:** Windows XP/7/8, Mac OSX (10.6)
- **Browser:** Chrome 20+, Firefox 28+, Internet Explorer 9, Safari for Mac 5+
- **Video:** Up to date video drivers
- **Memory:** 1Gb+ RAM
- **Download Speed:** Broadband (3Mb+)
- **Additional Software:** Flash Player 10+

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