

# ONLINE TRAINING

## WORK at HEIGHT



Courses Information sheet for  
WORK at HEIGHT Training

RoSPA Approved



**Duration:** approximately 105 minutes

*(Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions).*

This course is aimed at anyone who undertakes, or who employs people who regularly work at height. The term work at height applies to a wide range of situations ranging from the obvious ones like working on platforms, ladders, scaffolds or stages to working alongside deep trenches. This is because the crucial thing to understand about work at height is that it's not how far you climb, but how far you can fall. 'Falls' doesn't just mean people falling from heights. If materials or equipment fall, that will obviously present an equally dangerous hazard to anyone below.



All working at height situations are covered by health and safety legislation. Chief among these is the Work at Height Regulations 2005. These regulations confer legal duties on employers and employees to assess, control and minimise risks and hazards from work at height.

This course covers topics including the dangers of working at height, the regulations, the hierarchy of controls, assessing risk and much more. It's vital to understand all this because as I'm sure you'll know, working at height can be extremely dangerous.

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Aspire Safety and Health.  
*For a Wealth in Safety and Health*



Members of The British Occupational Hygiene Society (BOHS) and The International Society for Respiratory Protection (ISRP)

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Module No.	Module Name	Pass % Required	Module No.	Module Name	Pass % Required
1	Introducing Work at Height	70	7	Avoiding Work at Height Wherever Possible	70
2	The Dangers of Work at Height	70	8	Prevent Risk of Falls	70
3	The Work at Height Regulations	70	9	Minimise Consequences	70
4	Summary of Duty Holder's Responsibilities	70	10	The Risk Assessment	70
5	Employer's Responsibilities	70	11	Course Summary	70
6	The Hierarchy of Control	70			

### Purchasing these courses

Number of Candidate Licences	Cost	How to receive Licences
1 to 3	£24	Click on the <b>BLUE - BUY NOW</b> Button top left panel of course page
4 to 10	£22	Contact us to arrange discounted payment and receive your courses
11 to 20	£20	Contact us to arrange discounted payment and receive your courses
21 and over	£18	Contact us to arrange discounted payment and receive your courses

### Recommended System Requirements

- **Operating System:** Windows XP/7/8, Mac OSX (10.6)
- **Browser:** Chrome 20+, Firefox 28+, Internet Explorer 9, Safari for Mac 5+
- **Video:** Up to date video drivers
- **Memory:** 1Gb+ RAM
- **Download Speed:** Broadband (3Mb+)
- **Additional Software:** Flash Player 10+

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