



Safety & Health
Training, Advice & Testing

BSIF Fit2Fit Approved Respirator RPE Fit Tester Course Qualitative (Taste) Fit Tester

BSIF Fit2Fit
Approved Course

Learn how to correctly conduct
Qualitative Fit Testing

Trainer is a Fit2Fit
Accredited Fit Tester



SCOTLAND

Motherwell

1 mile from M74 J6
500m from Rail Station
Jan 8th
March 19th
June 18th
September 17th

NORTH WEST

Haydock

1.5 mile from M6 J23
1.5 miles from Rail Station
March 5th
June 11th
September 10th
December 3rd

EAST MIDLANDS

Derby / Nottingham

At J25 M1
Feb. 19th
May 15th
August 6th
November 19th

LONDON North West

Chorleywood

1.2 mile from M25 J18
50 metres from Rail Station
February 27th
May 22nd
August 14th
November 27th



www.aspiresafetyandhealth.co.uk

FULL DAY 8.45 – 5.00

Open Course includes
FREE PARKING and LUNCH

£185 plus VAT per candidate
Scotland £210 plus VAT per candidate

Fit test kit if required £124.00
(we provide this for the training)

Course & kit £309 Scotland £334

Also delivered In House at your premises
or a local organised venue
contact us for details

Training Group limited to 6 Candidates
See reverse side for more details

www.aspiresafetyandhealth.co.uk

info@aspairsafetyandhealth.co.uk

NORTH EAST

Chester le Street

1.5 mile - J63 A1(M)
1 mile from Rail Station
Feb 12th
April 30th
July 23rd
November 12th

YORKSHIRE

Wakefield

1 mile from M1 J.40
Jan 16th
March 26th
June 25th
Sept. 24th

WEST MIDLANDS

Solihull

0.5 mile from M42 J.5
Jan 29th
April 9th
July 16th
October 15th

LONDON EAST

Upminster

2 miles from M25 J 29
0.5 mile from
Upminster Tube Station
Jan 23rd
April 3rd
July 3rd
October 9th



Course Includes;

Practical Fit Test Demonstration
 When to Test and Not to Test
 Fit Test Methods and your equipment
 Set-up and Testing of Equipment
 The Sensitivity Test & have a go in pairs.
 Fit Test Protocols and Procedures
 RPE Overview, maintenance, how it works.
 Understanding RPE and Limitations
 Pre use fit check and other PPE
 The 7 Face Fit Test Exercises
 RPE Protection Factors & Adequacy
 Relevant Legislation and Guidance,
 HSE282/28 & HSG53
 Why protect & Health Issues
 Fit Testing preparation
 Practical testing – in pairs
 Fit Test Do's & Don'ts
 Fit Test Failures and Re-Tests
 Troubleshooting & Problem Solving
 Test Documentation with templates
 Practical Face Fit Assessment in pairs
 Theory Assessment
 The Fit2Fit Scheme Accreditation
 Questions and feedback



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 Accredited Fit Tester**



www.aspiresafetyandhealth.co.uk
email: info@aspresafetyandhealth.co.uk

Call 01246 252307
07944 648167

Your course Includes – Group limited to 6

- Use of our fit test equipment for the day
- Training Folder with training materials handouts and workbook
- Memory Flash drive containing PDF documents and templates
- Tea, coffee, biscuits and pastries on arrival and at 2 other comfort breaks
- Lunch – freshly cooked choice of hot main course and hot/cold soft drinks
- Free Parking

Free Time at the end of the day for any questions

More Details Over ...