

# ONLINE TRAINING

## DISPLAY SCREEN EQUIPMENT



Courses Information sheet for  
Display Screen Equipment (DSE) Awareness  
RoSPA Approved



These courses are aimed at users of display screen equipment (DSE)

A 'user', is anyone who regularly uses display screen equipment for a significant part of their normal work. In practice, if you use display screen equipment continuously for more than one hour a day, then you're a 'user'.

So what do we mean by display screen equipment?

The first thing most people think of is a computer monitor. But that's not the only thing it refers to. Display screen equipment could also mean laptops, tablet PCs, televisions, smartphones, CNC control pads, portable diagnostic screens or equipment containing cathode ray tubes, or CRTs.



The Health and Safety (Display Screen Equipment) Regulations contain special directives covering DSE safety. Both employers and employee-users have responsibilities under the legislation.

**Duration:** approximately 50 minutes  
*(Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions).*

This course fulfils your statutory training obligations and covers among other things,, the correct way to set up and use your display screen equipment safely. Reducing the risk of work related conditions.

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Members of The British Occupational Hygiene Society (BOHS) and The International Society for Respiratory Protection (ISRP)

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Module No.	Module Name	Pass % Required	Module No.	Module Name	Pass % Required
1	Introduction	70	5	Adjusting Your Screen	70
2	Legislation	70	6	Work Arrangements	70
3	Protecting Your Body	70	7	Adjusting Layout of Your Workstation	70
4	Adjusting Your Chair	70	8	Adjusting Your Work Environment	70

### Course costs

1 - 3	Candidate Licences	£24 each	Click <b>BUY NOW</b> Button
4 - 10	Candidate Licences	£22 each	Contact us to receive discount and buy
11 - 20	Candidate Licences	£20 each	Contact us to receive discount and buy
21 plus	Candidate Licences	£18 each	Contact us to receive discount and buy

### Recommended System Requirements

- **Operating System:** Windows XP/7/8, Mac OSX (10.6)
- **Browser:** Chrome 20+, Firefox 28+, Internet Explorer 9, Safari for Mac 5+
- **Video:** Up to date video drivers
- **Memory:** 1Gb+ RAM
- **Download Speed:** Broadband (3Mb+)
- **Additional Software:** Flash Player 10+

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